

Prayer of St Francis' (with actions)

St. Francis Prayer • St. Francis • Yr 2

Lord, make me an instrument of your peace,

Hands folded in prayer looking up

Where there is hatred, let me sow love;

Elbows bent and crossing with fists, then arms open to hug

Where there is injury, pardon;

Point to eyes for tears then shake hand of neighbor

Where there is doubt, faith;

Finger to chin looking puzzled then arms open and raised

Where there is despair, let me bring hope.

Back of hand to forehead the arms open and raised

Where there is darkness, light.

Hands over eyes then arms open and raised

Where there is sadness, let me bring joy.

Point to eyes again the smile with arms open and raised

Amen